



...promoting self-help, not sympathy

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Dear Supporters,

FUN-RAISING for MEND: So many great ways are invented of raising funds for MEND that make our projects succeed. Here are some photos of girls at Napier Girls' High who raised a great donation for MEND from students having a day in a wheelchair!

By spending a few hours self-propelling oneself on wheels can quickly give a better understanding of what life is like without walking!



Thanks Elise and friends!

GIVE a CHRISTMAS GIFT that really changes a life!

For \$8 per month a disabled child can have his/her school fees paid

For \$70 per month a disabled child can go to a boarding school and be fed & educated

For \$100-\$150 a calliper or artificial hand or limb can be fitted

For \$200-\$300 surgery can correct a child's arm, hand, leg or foot deformity

For \$250 per month a full-time physiotherapist can be employed at one of our centres

For \$5000 about 25% of new centre can be built that will last forever!



Before

After

Jhuma, from near Mt Everest had several corrective surgeries over 6 months to release her fingers and elbow from burns in a kitchen fire

PROJECT UPDATES:

(1) Hope Centre Nepal: Thanks to funding from ALTSO (A Leg To Stand On) 135 kids are getting life-changing surgery this year!

For \$1000 in surgery costs **Teke Bahadur 17**, will soon walk perfectly up and down the mountains of his village!



Before in March 2010



July 2010 with right leg corrected



Shoe fitted



After both legs corrected Dec 2010

Teke will be supported by us now to complete his schooling and train for a good job later!

(2) Kashmir: MEND is now supporting a new partner DaD (Disabled and Disadvantaged) who have just held their first assessment camp on Dec.2 in a poor, remote district where militancy has been going on 17 years!



Budagam District Kashmir

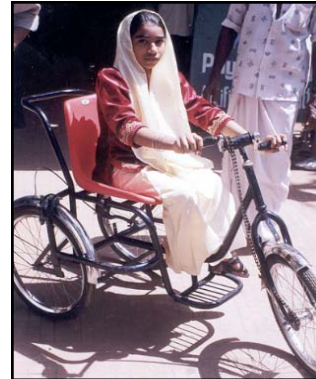


Dr Masood doing dental checkup



Dr Mohammad Waris with a CP child Dr Arshid and Dr Ajaz checking the patient records
MEND will help DaD with patients' rehabilitation costs and help them build a permanent rehabilitation centre on donated land in that district in 2011!
Would you like to help us??

SOUTH INDIA :



Here is a low cost design for a tricycle we made in India in 2002 which we are planning to start making again as they are strong and cheap to make (about \$75) and use BMX wheels so are suitable for kids.

Being smaller than what the Indian government issues these tricycles have smaller turning circle and can be pedalled over rough ground. Most wheelchairs have small front wheels which make it hard work on grass or over mud and sand!

DONATION REBATES: Please let us know if you have not been able to get a tax rebate on your donation from IRD, as they made a clerical error and removed our donee status for several months in 2009-2010? You can claim a 33.3% rebate on unlimited donations to charities now..and to MEND...if made from your personal income tax.

Wise words: *Setting up and running projects in developing countries requires lots of close micro- management and leadership! Here is what has been said about those two tasks..*

- A manager manages – a leader innovates
- A managers maintains – a leader develops
- A manager focuses on systems and structure – a leader focuses on people
- A manager relies on control – a leader inspires trust
- A manager keeps an eye on the bottom line – a leader has a eye on the horizon
- A manager does the things right – a leader does the right things.

In reality leadership and management overlap and whilst separating them out aids understanding, they are two sides of the same coin.

NEXT KIDS ON OUR LIST!

These two kids from Nepal are soon to be fitted with artificial hands. Kim was born without her lower arm, and Ram lost his arm when he fell from a tree and it became infected with inadequate medicines to stop the infection.



Kim



Ram

SOME REASONS WHY DO SO MANY DISABLED KIDS MISS OUT ON HELP?

1. Poverty of their families is the main reason so that medicines and hospital care are just too expensive.
2. Even a working man in Nepal only earns \$5-\$6 per day.
3. Travel costs for poor families to take their disabled child to hospital or doctor is beyond their means.
4. There are no old age or unemployment pensions, and tiny disability pensions of \$10 per month in most developing countries. And so families must care for their old and disabled
5. Apathy of doctors in referring patients to appropriate services.
6. Many village people cannot read or write so cannot fill out hospital forms.
7. Most village people have not been to a big city to be able to locate the services they need.
8. Parents of disabled kids often see no future in them, and so will not spare any funds for their treatment.
9. Disabilities are seen as a curse for past life...karma..that cannot be changed.
10. Correction of feet and arms can take 3-6 months in hospital and a family member must stay as caregiver in most hospitals. So that takes a worker from the family farm reducing that family's manual labour. Flour is still hand ground in most Nepali homes.
11. Many kids have small infections which go untreated and so become major causes of loss of limbs and also mobility.

Charities Commission:

If you would like to check our registration details held at the Charities Commission our number is CC32353

P.S. *Many years ago MEND's Director made a sculpture from items he found at the dump...a pedal mower! Or is it a pedal MOA? And he left it at a Backpacker's in Russell. Anyhow last week it was in the NZ Herald I, "discovered" and used in an ASB Bank advertisement promoting an inventor's competition!*



Trouble is it wont work! As the mower lifts off the ground when you turn...!

THANKS to all donors and supporters from the Board:

Kathy Light (Our new Secretary!)

Brian Clarke (Treasurer)

Rob Buchanan (Director)

